

## **WEIGHTLIFTING 2023-2024 SCHEDULE**

<u>Day</u>	<u>Date</u>	Opponent(s)	<b>Location</b>	<u>Time</u>
Wed	11/1	Wolfson and Paxon	Wolfson	5:00 PM
Wed	11/8	Fletcher and Mandarin	Fletcher	5:00 PM
Wed	11/16	Wolfson and First Coast	Wolfson	5:00 PM
Thu	11/30	<b>Englewood and Riverside</b>	Stanton	5:00 PM
Thu	12/7	Sandalwood and Terry Parker	Sandalwood	5:00 PM
Mon	12/11	Baldwin and Englewood	Baldwin	5:00 PM
Wed	1/10	<b>Atlantic Coast and Raines</b>	Stanton	5:00 PM
Thu	1/18	Gateway Meet	Mandarin	11:00 AM
	TBA	Districts	TBA	
Thu	2/1	Regionals	St. Augustine HS	12:00 PM
Fri	2/16	State	Lakeland, FL	

Head Coach: Asst. Coach:

Athletic Trainer: Rachel Keene

Principal: Nongongoma Majova-Seane

Athletic Director: Chris Crider

